



Dear Coveted Fellow Alumni!

This quarterly newsletter is full of exciting information. This was a remarkably busy quarter for all of us here at the mothership.

I would like to start by telling you some extremely exciting news. I had the honor and the pleasure to have the opportunity to interview Dr. J. William Futrell, Chief of Plastic Surgery at the University of Pittsburgh from 1979 - 2000. He is the person for whom this Society is named, and a cornerstone of the legacy of Pitt Plastic Surgery. The interview is called *The Futrell Years* and starts from the beginning to present day. This will be in our archives as he tells the story of Pitt success. You will be entertained. What a thrill. Enjoy!

Link: <https://vimeo.com/907980515?share=copy>

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Continued on this theme of excellence, the "*US News World Report*" has ranked us this year the NUMBER ONE program in the country. Something we all knew, but it is always nice to tell everyone else! We are immensely proud of this distinction!

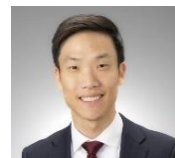
Please join me in welcoming new faculty in the Department.



Dana E. Bregman, MD, completed plastic surgery residency at Zucker School of Medicine at Hofstra/Northwell, Hempstead, NY, followed by a hand fellowship at University of Southern California. She will be performing hand and reconstructive surgery at UPMC Shadyside and UPMC Presby.



Andrea A. Moreira, MD, completed plastic surgery training at the University of Para in Brazil. She did a research fellowship at the Cleveland clinic, where she joined the faculty. She recently practiced at Allegheny General Hospital. Her specialty is microsurgical reconstruction of the breast with neurotization of the reconstructive nipple. A fabulous edition.



Jason J. Yoo, MD, completed his plastic surgery residency at the University of Miami/Jackson Memorial Health System, followed by a hand micro fellowship at the University of Maryland/R Adams Cowley Shock Trauma Center. Jason is the Acting Chief of Plastic Surgery at the VA Pittsburgh Healthcare System and will split his time at the VA and Presby.



Nicole J. Jarrett, MD, our own, Class of 2015, returns to Pitt after her training, doing an ortho, hand fellowship at Pitt as well. She was unending staff at Cooper University Hospital in Camden, NJ, and established a combined ortho/plastic hand service. She was also the Program Director. She will take over the hand service here as Chief. We are extremely excited to have her back.

Nick Panetta, Class of 2014 (Residency), Class of 2015 (Hand Fellowship), has been appointed Chief of Plastic Surgery at the University of South Florida Tampa. Congratulations, Nick!

Joanna Ng-Glazier, Class of 2020, has been nominated as a Top Doctor in *Boston Magazine*. We are very proud.

The annual holiday party took place this quarter. You remember those days! So wonderful being to socialize with the faculty, residents, and all those who work along with us to make this place so terrific.



It was a busy Grand Rounds season. I would like to remind all of you that you can participate through our Futrell Society CME subscription as a part of the Grand Rounds experience every Wednesday morning, also includes additional lectures throughout the year, a few highlights below.

- **Gregory Buncke** talked about microsurgical management of the mutilated hand.
- **David Chang** talked to us on surgical treatment of lymphedema.
- **Scott Hultman** talked to us about treatment of the chronic burn pain patient.
- **Samir Mardini** talked to us about facial transplantation.
- **Andrea Moreira** talked to us about necrotizing the reconstructive nipple.
- **William Wooden**, our own, Class of 1992, talked to us about practice pearls and the important role of nutrition and preoperative preparation of the surgical patient.

Yearly subscription is \$1,800, please let us know if interested in joining.

We had an amazing showing at ASPS The Meeting in Austin, Texas. Look in the *Resents Corner* for some great photos of that event. Looking forward to this year's meeting in San Diego. Details for the 2024 event are forthcoming.

We have established a mentorship program where attendings are paired with incoming residents and follow their career throughout their duration at Pitt. We help them with career choices and mentor them. Part of it is socializing as you can see it from the *Residents Corner*. It is a particularly important new program enjoyed by both faculty and residents.

Spotlight on Alumni! In this quarter we feature Angela Y. Landfair-Song, MD, MPH, Class of 2011.

1) What are you doing now?

I live with my husband Justin, and our two kids in Griffin (age 11) and Rowan (age 4) in Orinda, California. Justin was born and raised in Pittsburgh, but now he too says it is "cold" when it drops below 50 degrees. Orinda is a small town 20 minutes outside San Francisco famed for being named the "friendliest town in America" by Forbes. I work full time for Kaiser in Walnut Creek California with 3 partners. I have a 100% reconstructive practice, which was always a dream of mine. My practice is mostly breast reconstruction and general plastic surgery.

When I am not a full time plastic surgeon I am at my other full time job, which is being a hockey mom. If I am not hiking or working out, I am freezing in an ice rink somewhere.

2) Can you tell us a William Futrell story from residency?

I feel so fortunate that he was there during my residency. I remember meeting him for the very first time and he told me 1) to get interested in lymphatics and do it quickly and 2) that transgender surgery would become mainstream soon. This was 25 years ago and there were very few surgeons even performing lymphatic or gender affirming surgery. I swear he is always a few steps ahead. Just call him "Futurell!"

3) Is there a Pitt Resident story that stands out?

So many of the stories involve Dr. Russavage. I remember we had a patient with a terrible gunshot wound to the face. I was a PGY 5 and at the time there were no micro fellows. He came in and said, "what does this patient need?" and I answered that the patient needs multiple sural nerve grafts and an ALT free flap for soft tissue defect. He goes "good plan" and then just left the room. The junior resident and I stared at each other and then we just...did it. It is crazy to think about now. It is obvious to me NOW that he was right outside observing us like a hawk the whole time - but it was not back then!

Another story involved Dr. Manders. The recon team were finishing up a long day of OR - I think it was 6 pm or so - when we got the dreaded call from ENT that they "surprise!" needed a total pharyngoesophageal reconstruction (right now, so sorry). Anne Argenta was my junior - and she and I started and finished a flap that neither of us had ever done - a tubed ALT - while Dr. Manders sat next to us and told us the entire history of feudal Japan. Those of you who know Dr. Manders can totally picture this right now! We were delirious and laughing by the end of it - it was 1 am and Dr. Manders was still on year 300 of Shoguns.

I have lots of great Dr. Stofman stories, but as I said to him over the phone, none fit to print!

4) What does the Pitt Plastic Surgery education mean to you?

I often joke that we are all like vets, that our PTSD joins us together. But in all seriousness, what Pitt education did is make me realize that I can tackle any problem, and if I am stuck, I can always solve the problem with a smart friend/ co-surgeon in tow. No matter how challenging the problem, I found that I could take a deep breath and say to myself "well this is nothing compared to that one time at Pitt we..."

5) If you could have dinner with anyone past or present, who would it be?

Julia Child. I would get an amazing meal out of it (I assume she would be cooking!) but I think I am fascinated by her being the ultimate late bloomer. In today's world, twentysomethings are getting famous cooking on TikTok. Here is a woman who became a professional chef - at age 49 and got her first cooking show at 51! As I get older I am fascinated by these so called late bloomers who reinvented themselves and the world around them after 50. It is never too late to make waves.



The Landfair-Song Family

As always, we want to hear from you. Let us know about your milestones, accomplishments, or anything else that you would like to share. Reminder, the fleece campaign is ongoing; for a donation of \$1200 or more you will receive a personalized fleece jacket.

Be well and please stay in touch! H2P!!!

Fondly,



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Class of '91